

Ayşe Güzin Altunbay

MD, Child and Adolescent Psychiatrist and Psychotherapist

Child and Adolescent Psychiatrist and Psychotherapist with extensive clinical experience across inpatient, day-care, and outpatient settings. Possesses a unique interdisciplinary background integrating medical anthropology, political science, and feminist research. Played a pivotal role in establishing the Transcultural Outpatient Unit at the University Medical Center Hamburg-Eppendorf (UKE), bridging critical gaps in care for patients with migration backgrounds.

Trained in psychodynamic individual and group psychotherapy (Peter-Riedesser-Institute; Michael-Balint-Institute), with ongoing advanced training in psychoanalytic group therapy. A recipient of the prestigious TÜBİTAK International Fellowship for Outstanding Researchers, conducting social-psychiatric research on the application of Vamik Volkan's Tree Model to societal debates on religiosity and secularity in Türkiye.

Demonstrated crisis leadership by providing immediate psychiatric care in Adıyaman following the February 6th earthquakes. Following tenure at Gülhane Education and Research Hospital, recently founded a private psychiatric clinic in Ankara to provide specialized care in Child and Adolescent Psychiatry and Psychotherapy.

Email: info@aysedoktor.com
Address: Beytepe Mah. Beyler Cad. 5339. Sk, No:7, 06800 Çankaya/ Ankara
Phone: +90 533 170 44 26
Date of birth: Oct 19, 1978
Nationality: Turkish & Austrian
Social links, website: https://www.instagram.com/aysedoktor/ , https://draysealtunbay.com/

Experience

Apr 2025 - Present	Founder and Specialist Child and Adolescent Psychiatrist and Psychotherapist **Dr. Ayşe Güzin Altunbay, Clinical Praxis** Beytepe/Ankara, Türkiye	
Sep 2024 - Feb 2025	Specialist Child and Adolescent Psychiatrist and Psychotherapist **Gülhane Education and Research Hospital** Ankara, Türkiye	
Mar 2023 - Aug 2024	Specialist Child and Adolescent Psychiatrist and Psychotherapist **Adıyaman Education and Research Hospital** Adıyaman, Türkiye	
Oct 2019 - Oct 2022	Project Leader, TUBITAK 2232 International Fellowship for Outstanding Researchers **University of Lokman Hekim, Faculty of Medicine** Ankara, Türkiye	
Jun 2018 - Sep 2019	Specialist Child and Adolescent Psychiatrist and Psychotherapist **University Clinic of Hamburg Eppendorf, Department of Child and Adolescent Psychiatry, Psychotherapy and Psychosomatics**	Hamburg, Germany
Jan 2012 - Jun 2018	Child and Adolescent Psychiatry Resident **University Clinic of Hamburg Eppendorf, Department of Child and Adolescent Psychiatry, Psychotherapy and Psychosomatics**	Hamburg, Germany
Nov 2010 - Dec 2011	Adult Psychiatry Resident **Bremen Ost Clinic** Bremen, Germany	
Mar 2008 - Jan 2010	Post-Doc Researcher **Medical University of Vienna, Department of Obstetrics and Gynaecology**	Vienna, Austria
Mar 2009 - Nov 2009	Lecturer **University of Vienna, Institute for Political Sciences** Vienna, Austria	
Mar 2006 - Mar 2008	Lecturer **Medical University of Vienna, Institute of Medical History, Department of Medical Anthropology**	Vienna, Austria

Education

Nov 2010 - Jun 2018	Training in Child and Adolescent Psychiatry and Psychotherapy (with a rotation-year in Adult Psychiatry) **University Clinic of Hamburg Eppendorf & Bremen Ost Clinic**	Hamburg, Germany & Bremen, Germany
Sep 2017 - Aug 2019	Training in Psychodynamic Group Psychotherapy **Institute of Michael Balint** Hamburg, Germany	
Nov 2017 - Nov 2017	Advanced Training Course Hypnosis **General Medical Council of Hamburg, Hamburg** Hamburg, Germany	
Feb 2017 - Feb 2017	Training Program: Progressive Muscle Relaxation Therapy according to Jacobson **General Medical Council of Hamburg** Hamburg, Germany	
Jan 2017 - Dec 2017	Training Program: The Autism Diagnostic Observation Schedule, Second Edition (ADOS-2) **Prof. Dr. I. Kamp-Becker, University of Marburg** Hamburg, Germany	
Sep 2012 - Feb 2016	Psychodynamic Child and Adolescent Psychotherapy Training **Peter-Riedesser Institute** Hamburg, Germany	
Mar 2008 - Jun 2009	Propedeutic Programme in Psychotherapy **Austrian Working Committee for Group Therapy and Group Dynamics (ÖAGG)**	Vienna, Austria
Mar 2009 - Present	Training in Psychoanalytic Group Psychotherapy **International Working Community Group Analysis**	Altaussee, Austria & Wesseling, Germany
Oct 2006 - Oct 2011	Research Experience in Doctoral Research Program in Political Sciences **Institute of Political Sciences, University of Vienna** Vienna, Austria	
Mar 2005 - Oct 2017	Research Experience in PhD Program of Mental Health (ABD: All But Dissertation) **Medical University of Vienna** Vienna, Austria	

Languages

German
Native

English
Advanced. EYDS Score 2025: 85 & IELTS Score 2003: 7.5

Honors & Awards

Pfeiffer-Özek Poster Award at IX. Turkish German Psychiatry Congress. Hamburg 2016.

Publications

Beobachtende in analytischen Gruppen III: Übertragung in einer Großgruppe zwischen Pandemie und Kriegsbedrohung. P.C. Endler P. C., Altunbay Ayşe, Günther Dietrich, Sachs Gabriele (2023). Gruppenpsychotherapie und Gruppendynamik, 59(4): 287-307.

Vamik Volkans Baummodell eine Lösung für gesellschaftliche Spannungen der muslimischen Religiosität in der Türkei und in Europa? Eine Pilot-Studie unter Pandemiebedingungen. Altunbay Ayşe. Gruppentherapie und Gruppendynamik 2023. Zeitschrift für Theorie und Praxis der Gruppenanalyse. 01/23 Jahrgang 59, Heft 1.

Book chapter (2023): **6 Şubat Kahramanmaraş Depremleri Bağlamında Afetler ve Sağlık Hakkı**. In: X. Sağlık Hukuku Kurultayı. Ankara, 2023. Published text of oral presentation on X.th Health Law Congress of the Ankara Bar Association on 20-21.October.2023.

Sozialpädagogische Arbeit mit Fremden. Ein transkulturell-psychiatrischer Beitrag. In: Nauerth, Hahn, Tüllmann, Kösterke (Hrsg.) (2017): Religionssensibilität in der Sozialen Arbeit Positionen,

Theorien, Praxisfelder. Stuttgart: W. Kohlhammer GmbH, S. 246-263.

Migrantinnen mit chronischen Unterbauchschmerzen in Österreich. Altunbay Ayşe (2011). In: Peintinger, Michael:

Interkulturell Kompetent: Ein Handbuch für Ärztinnen und Ärzte. Facultas Verlag, Wien

Ratlosigkeit in der Praxis Türkische Migrantinnen mit somatoformer Schmerzstörung in der Gynäkologie. Başbüyük Ayşe (2010): Ärzte Woche, 7/2010. Springer Verlag, Wien

Der Einfluss von Migration auf die Psychopathologie, Psychische Co-Morbidität und Lebensqualität der Türkischen Migrantinnen mit Chronischen Unterbauchschmerzen Eine vergleichende Querschnittsstudie. Başbüyük, Ayşe (2009). In: Golsabahi, Solmaz / Stompe, Thomas / Heise: Jeder ist weltweit ein Fremder. 2. Kongress des Dachverbands der transkulturellen Psychiatrie, Psychotherapie und

Psychosomatik im deutschsprachigen Raum e.V. (DTPPP). Berlin

Avrupa'nın Örtülü Öteksisi ile Yeniden Karşılaşması. Başbüyük, Ayşe (2008). In: Örtülemeyen Sorun Başörtüsü- Temel Boyutlarıyla Türkiye'deki Başörtüsü Sorunu, Akder, Istanbul. ("Europe's Reencountering with its

veiled other". In: The unveilable Veil Problem multiple dimensions of Veil problems of Turkey. Akder, Istanbul

ORAL PRESENTATIONS

Integrating the miniseries "Ethos" in a social-psychiatric project on public polarizations in Turkey. Panel Presentation at the 45th Annual Scientific Meeting of the International Society of Political Psychology 2022. Democracy as an Achievement: Recognizing Tensions, Challenges, and Aspirations through Political Psychology. Athens/Greece (07/2022)

Project Presentation at the IAG Group Analysis Workshop. (IAG: Internationale Arbeitsgemeinschaft Für Gruppenanalyse, En: International Working Group of Group Analysis), 3rd virtual workshop, Altaussee/Austria (04/2022)

Project Presentation at the IAG Group Analysis Workshop. (IAG: Internationale Arbeitsgemeinschaft Für Gruppenanalyse, En: International Working Group of Group Analysis), 2nd virtual workshop, Altaussee/Austria (10/2021)

From Tree Model to Meetings on the Shore: An Unexpected Transformation of a Three-Country Project under the compulsion of COVID-19 Pandemics. Blitz presentation at the 44th Annual Scientific Meeting of the International Society of Political Psychology 2021. Polarization, Misinformation, and Entrenched Group Conflict: Harnessing Political Psychology to Find Solutions to Problems New and Old. Virtual Meeting (07/2021).

From Volkan's Tree Modell to Meeting on the Shore: A three-country project in times of the pandemic. Project Presentation at the IAG Group Analysis Workshop. (IAG: Internationale Arbeitsgemeinschaft Für Gruppenanalyse, En: International Working Group of Group Analysis), 1st virtual workshop, Altaussee/Austria (03/2021)

In search of a child- and youth-psychiatric positioning: European headscarf debate and the Turkish jam-blog. Poster presentation at the XXXVI. Congress of German society of child- and adolescent-psychiatry, -psychosomatics and -psychotherapy, Mannheim (04/2019)

The Relationship between migration and psychopathology. psychiatric co-morbidity and quality of life in Turkish immigrant chronic pelvic patients. A cross sectional comparison study. Poster Presentation at IX. Turkish-German Psychiatry Congress, Hamburg (09/2016)

Transcultural Competence. Lecture to the Training Event "Transcultural Competence for Crisis Intervention Team - Red Cross", Hamburg (06/2015)

The special meaning of communication: barriers and chances in psychiatric/psychotherapeutic care. Speech at the 1. Workshop of German Society of Ethnology "Intercultural competence in medical care a necessity or luxury? Bremen (06/2011)

Moderation of Panel Session Migration and Medical Care: legal and medical perspective. 1. Annual Meeting of migration and integration research in Austria. Vienna (09/2010).

Panelist at the panel discussion "**the visible and the hidden**", Alpbach Talks, Vienna (06/2010)

Can transcultural psychiatry promote the multicultural coexistence more actively? Speaker at 3. Congress of transcultural psychiatry, psychotherapy and psychosomatics. Zurich (09/2009)

Emotions while approaching the stranger on example of migrants and natives in Europe. Panelist at the Panel Trust between cultures, European Forum Alpbach, Alpbach (09/2009)

Chronic Pelvic Pain as a somatoform pain disorder in Turkish migrant women in Austria. Poster presentation at the annual meeting and training event of Austrian Society of Obstetrics and Gynecology and Bavarian Society of Obstetrics and Gynecology, Vienna (06/2009)

The effect of migration on psychopathology, psychic co-morbidity and quality of life of Turkish migrant women with chronic pelvic pain a comparative cross-sectional study. Poster presentation at the 1st Three Nations Conference Connection: attachment, separation, lost in Obstetrics and Gynecology, Salzburg (03/2009)

Migrants, somatization and somatoform pain disorder in daily clinical practice. Speech at the training course of University Clinic of Obstetrics and Gynecology, Medical Faculty of Vienna, Vienna (01/2009)

The myth of Mediterranean Syndrome A critical Analysis by means of Hegelian subject construction and Derrida's deconstruction. Speech at the training course of University Clinic of Obstetrics and Gynecology, Medical Faculty of Vienna, Vienna (12/2008)

Approaching the stranger in the context of migration: The model of emotions according to Hachleidt and Wolf. Speech at the training course of University Clinic of Obstetrics and Gynecology, Medical Faculty of Vienna, Vienna (11/2008)

The Reunion of Europa with its "veiled other", Panelist at the Panel "The Unveilable Veil Problem, Ak-Der, Istanbul (11/2008)

A Re-reading of Turkish Headscarf Debate through Bhabha's Concept of Ambivalence. Speech to the Conference Women Power in Islam Feminist

Orientations and Strategies for the 21st Century, Friedrich Ebert Foundation, Cologne (06/2008)

Headscarf and Ambivalence a piece of cloth at the crossways of multiple

discriminations. Speech at the roundtable of VEIL-Project Headscarf/Politics (VEIL: Values, Equalities, and Differences in Liberal Democracies), Vienna (05/2008)

Psychopathology, psychic co-morbidity and quality of life of Turkish migrant women with chronic pelvic pain in Vienna. Speech at the training course of University Clinic of Obstetrics and Gynecology, Medical Faculty of Vienna, Vienna (05/2008)

Panelist at the panel **The role of Muslim women in the western world**.

Gramatneusiedl (06/2007)

The impact of immigration on the psychopathology, psychic co-morbidity and

quality of life of Turkish immigrant chronic pelvic pain patients. poster presentation

at the 3rd PhD-Symposium of Medical University of Vienna. Vienna (06/2007)

Muslim women and emancipation. Speech at the Panel Muslims and Christs for the Common Values, European Forum Alpbach, Tirol (08/2006)

Health Promotion and Prevention. Speech at the IOM (International Organization for Migration) Panel Interculturality in Austrian Health Care System scientific and practical approaches, Austrian Academy of Sciences, Vienna (06/2006)

European Identity of second-generation Muslims. Speech at the Panel We and the Others, Dr. Karl Renner Institute, Vienna (04/2006)

Migration, integration and the mental health how can the cultural adolescence of Turkish immigrants be promoted? Speech to the XVIII. Symposium of Ethno-Medicine Threatened living environments a challenge from the perspective of medical anthropology, Working committee Ethno-Medicine, Kassel (10/2005)

Ethnic and cultural differences of idiopathic chronic pelvic patients in Vienna. Lecture at the 1st PhD-Symposium of the Medical University of Vienna, Vienna (06/2005)